

Cos Lane Medical Practice – Patient Information

Travel Advice and Vaccination Service

At Cos Lane we have two specially trained nurses who run our travel clinic, every Wednesday afternoon. They provide tailored advice to each individual by carrying out a risk assessment based on information that is gathered from the patient and up to date health advice using the NHS Travax system.

If you wish Travel Health Advice you need to fill in our Travel Questionnaire and pay the appropriate fee - £30 per patient over 18 years old, (under 18 are free) Ideally this should be done at least 6 weeks before your travel.

Once the form and fee are handed back to the surgery, one of our nurses will telephone you to confirm which vaccinations/medication is required and they will organise the prescriptions for these vaccines/medications, which you will need to obtain from a pharmacy* and bring along to the travel clinic appointment the nurse will make for you. At that consultation the nurse will give you face to face and written travel advice relevant to your destination/ type of trip and give you any immunisations as necessary.

Please note that the time given for the nurse to telephone you is approximate and you will be called within 2 hours of that time.

*if the prescription is not exempt from NHS charges you will be liable for any costs.

If your trip covers many destinations or you are backpacking and living in basic standards of accommodation or similar you may be required to visit the surgery for specialist advice prior to receiving your vaccinations and may also have a course of vaccinations that need to be administered over a period of time e.g. for Rabies immunisation there is currently a course of 3 injections. So if your travel plans are complicated please contact the surgery as early as possible to ensure we can give you the best possible care.

Please note we are unable to administer Yellow Fever Vaccine.

SEPTEMBER 2013

COS LANE MEDICAL PRACTICE TRAVEL QUESTIONNAIRE

appt
date/time

PERSONAL DETAILS		TRAVEL DETAILS	
NAME		DEPARTURE DATE	
DATE OF BIRTH		DESTINATION (S) & DURATION (S)	TYPE OF TRIP (TICK ALL THAT APPLY)
ADDRESS		1.	PACKAGE HOLIDAY CRUISE BUSINESS IMMIGRATION
PHONE NO(S)		2.	ORGANISED ADVENTURE BACKPACKING VISIT FRIENDS/FAMILY VOL/CHARITY WORK
MEDICAL HISTORY		3.	STUDENT AID WORKER SELF ORGANISED
CURRENT HEALTH PROBLEMS		4.	ACCOMODATION GOOD BASIC POOR UNKNOWN
CURRENT MEDICATION		5.	AREAS TO BE VISITED URBAN RURAL ALTITUDE>3000M
ALLERGIES		TOTAL DURATION	BEACH
ARE YOU PREGNANT?		IF MORE THAN 5 DESTINATIONS PLEASE TICK HERE AND CONTINUE ON SEPARATE SHEET OF PAPER	OCCUPATIONS AND ACTIVITIES ABROAD
PREVIOUS VACCINATIONS (INCLUDING DATES)			
SIGNATURE		DATE	

COS LANE MEDICAL PRACTICE TRAVEL QUESTIONNAIRE

.....FOR COS LANE USE ONLY.....

VACCINATIONS REQUIRED		DATE GIVEN	RISKS DISCUSSED	
			BITE AVOIDANCE	
			FOOD/WATER HYGIENE	
			SUN PROTECTION	
			INSURANCE/ACCIDENTS	
			RABIES	
			BLOOD BOURNE VIRUS	
			SCHISTOSOMIOSIS	
MALARIA PROPHYLAXIS ADVISED			OTHER	
CHLOROQUINE	PROGUANIL	DOXYCLINE		
ATOVOQUINE/PROGUNIL		NONE		
NURSE SIGNATURE		DATE		FEE PAID (DATE & INITIALS)

INVOICE

Cos Lane Medical
Practice
Woodside Road
Glenrothes
Fife
KY7 4AQ
Tel:- 01592
752100

1 X ADULT ADMIN. CHARGE FOR TRAVEL CLINIC

£30.00

Payment Terms - Pro Forma

Payment received by Cos Lane with Thanks

Signed:-

Date:-

Remittance Advice - Cos Lane Medical Practice

Invoice Number:-

Date:-

Patient Name:-

DOB:-

Address:-

TOTAL:-

£30.00